

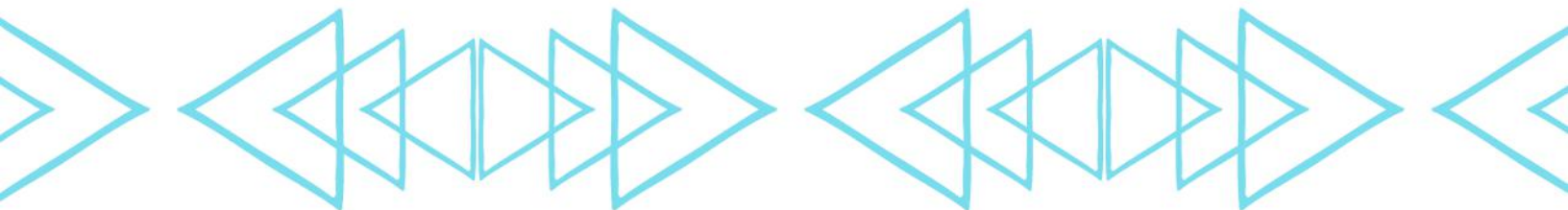
# COLLEGE & GRADUATE PROGRAMS



<b>pacific northwest</b>	<b>21</b>
<b>west</b>	<b>25</b>
<b>national</b>	<b>27</b>

# OUR GOAL

We aim to inspire Native youth and young adults to pursue careers in public health and healthcare so they can care for their communities.





**make  
your  
own  
path.**

# USING THIS GUIDE TO FIND YOUR PATH

This guide features opportunities for Native middle school, high school, and college students who may be interested in exploring careers in healthcare and public health.

## Who can use this guide?

Teachers, students, mentors, parents, or any caring adult



## What's your path?

Check out programs in medicine, nursing, public health, laboratory science, or research and find your path!

## What's inside?

Programs are organized into three chapters: middle school, high school, and college/graduate. Each chapter is further organized into regions, depending on where the opportunity is located.

# GUIDE SET-UP



## How to find your way in this guide?

Programs are **color-coded**, so you can easily know what educational level you are in. The color schemes for each chapter are shown in the key to the right.



## KEY

MS

middle school programs  
in all regions

HS

pacific nw, west, &  
national high school  
programs

CG

pacific nw, west, &  
national programs for  
college/graduate students

## Information in this guide

We have included important program details like location, format, costs, and a brief description. You can also go to the program website by clicking on the program name. Here is a sample of what you'll find:

hyperlink



[OHSU NNACOE Tribal Health Scholars](#)

**Format:** Hybrid

**Location:** Virtual & in-person (local health clinics & hospitals)

**Duration:** 14 weeks virtual + 12 hours clinical shadowing

**Cost:** Stipend upon completion

**Description:** AI/AN high school students are introduced to various professions. 12 hours of clinical shadowing. Covers a number of topics including public health professions, dentistry, nursing, and medicine.

**Application:** Opens in October, closes in January. Learn more here.

important  
details



**Note:** visit program websites to learn about specific enrollment criteria.



YOU CAN !

**NW NARCH Research Support Fellowships**

**Format:** Hybrid

**Location:** Portland and home institution of the applicant

**Duration:** One-two years

**Cost:** Participants are paid for research work completed. Undergraduates receive \$20/hour (max 10 hours); Graduate fellows receive \$27/hour (max 20 hours)

**Description:** Designed for AI/AN undergraduates & graduate students interested in population health sciences. Undergraduates are paired with a NARCH mentor; graduate students can work with their own academic mentor. Fellows will attend seminars, receive travel scholarships to conferences, and participate in summer learning sessions.

**Application:** Contact athomas@npaihb.org for info.

**NW NARCH Tribal Researchers' Cancer Control Fellowship**

**Format:** Hybrid

**Location:** Portland (in-person sessions) and virtual

**Duration:** One year

**Cost:** Free

**Description:** For AI/AN graduate students, researchers, and tribal health workers with a demonstrated interest in cancer prevention and control. The program includes an in-person component in Portland, OR - two week in-person training in the summer and one week follow-up in the fall. Virtual webinars are scheduled throughout the year. Participants also receive mentorship throughout the year and are eligible for paid internships.

**Application:** Contact athomas@npaihb.org for info.

**Northwest Native American Center for Excellence Wy'East Medicine**

**Format:** In-person

**Location:** Portland, OR

**Duration:** 10 months (mid-September to early June)

**Cost:** Monthly stipend (tuition free)

**Description:** This is a 10-month post-baccalaureate program for American Indian and Alaska Natives who aspire to become physicians. Designed for individuals who were not accepted into medical school or who

do not possess a qualifying MCAT score for medical school. Participants who successfully complete the program may be accepted to participating medical schools - OHSU, WSU School of Medicine, or UC Davis.

**Application:** Closes in spring. Learn more here.

**Northwest Native American Center for Excellence Wy'East Nursing**

**Format:** In-person

**Location:** Portland, OR

**Duration:** 15 months

**Cost:** Monthly stipend for 3 month preparatory period (March-June)

**Description:** This is a 15-month accelerated bachelor program for American Indian and Alaska Natives interested in nursing. Designed for individuals with a non-nursing degree.

**Application:** Closes in November. Learn more here.

**Northwest Native American Center for Excellence Wy'East Dentistry**

**Format:** In-person

**Location:** Portland, OR

**Duration:** 11 months

**Cost:** Free

**Description:** Post-baccalaureate program for AI/AN who are committed to becoming dentists. Rooted in Indigenous framework, the program supports individuals who were not accepted to dental school or did not have qualifying DAT scores.

**Application:** Opens in March; closes in May. Learn more here.

**Northwest Native American Center for Excellence Tilikum Summer Health Experience**

**Format:** Hybrid

**Location:** Portland, OR

**Duration:** 5 weeks

**Cost:** Free; \$1000 stipend available; \$500 for travel

**Description:** For AI/AN sophomores and juniors in college, this program provides training, mentorship, and hands-on exposure to health professions.

**Application:** Learn more here.

**Northwest Portland Area Indian Health Board Tribal Community Health Provider Programs**

**Format:** Online

**Location:** Virtual

**Duration:** 6 weeks

**Cost:** Free (Stipends of \$1-3,000 available)

**Description:** Opportunities exist for high school graduates to become Behavioral Health Aides (BHA), Community Health Aides (CHA), and Dental Health Aides. Stipends (\$1-3,000) available for returning or new students.

**Application:** Learn more here.

**OHSU Biomedical and Bioinformatics Research Internship and Training Experience (B-BRITE) at Knight Cancer Institute**

**Format:** In-person

**Location:** Portland, OR

**Duration:** 8-10 weeks (June-Aug)

**Cost:** Free; \$500 weekly stipend

**Description:** Program to engage the next generation of biomedical scientists. Participants will work with established mentors in various fields of biomedical research, e.g. cancer biology, computational biology. Interns will attend weekly sessions about new technologies and career development. They will present their research at a final poster session to peers, Knight Cancer Institute members, and the wider OHSU community.

**Application:** Learn more here.

**OHSU College Undergraduate Biomedical Informatics and Data Science Internship Program**

**Format:** In-person

**Location:** OHSU (Portland, OR)

**Duration:** 10-12 weeks

**Cost:** Free; stipend of \$15.45/hour (40 hrs/week)

**Description:** These internships provide full-time experiences in biomedical informatics and data science to college undergraduates. The goal is to expose students to biomedical informatics and data science best practices, impact of research on medicine and health, as well as possible graduate study and career paths.

**Application:** Learn more here.

**OHSU Equity Research Program**

**Format:** In-person

**Location:** Portland, OR (OHSU)

**Duration:** Eight weeks (June-July)

**Cost:** Free; participants receive \$4000 for the internship as well as housing and food assistance

**Description:** This program offers diverse undergraduate college students the opportunity to work on research projects with faculty, scientists and graduate students, engage in weekly seminars, and present research in a final symposium. Past internship tracks included research in biomedical studies, dental, health systems & policy, medicine, nursing, public health, and physician assistant. Not specific to AI/ANs.

**Application:** Learn more here.

**OHSU Chemical Physiology and Biochemistry Summer Undergraduate Research Program (CPB - SURP)**

**Format:** In-person

**Location:** Portland, OR (OHSU)

**Duration:** Nine weeks (July-August)

**Cost:** Free; participants receive \$5,562 to cover travel, hotel, and incidental expenses.

**Description:** Designed for undergraduates who are interested in exploring advanced studies and careers in biomedical research. Students receive hands-on training in chemical biology, biochemistry, structural biology and physiology. This program also offers career development opportunities. Applicants must be currently enrolled in a undergraduate degree program and completed at least four or six quarters of college. Not specific to AI/ANs.

**Application:** Learn more here.

**Portland State University URISE**

**Format:** In-person  
**Location:** Portland State University (Portland, OR)  
**Duration:** Two years  
**Cost:** Free; monthly stipend (\$1,200/month), 50% tuition reduction, travel funding  
**Description:** URISE is an NIH-funded research training program for PSU undergraduates from underrepresented groups in careers in biomedical, behavioral, social, clinical, and translational research.  
**Application:** Learn more here.

**Propel Northwest**

**Format:** In-person (monthly sessions)  
**Location:** Seattle, WA (UW and Fred Hutch Cancer Center)  
**Duration:** Two-years (flexible)  
**Cost:** Free  
**Description:** Post baccalaureate program that offers paid research opportunities to individuals interested in pursuing a PhD or MD/PhD. Scholars conduct research and receive support with mentorship, curriculum, workshops, and application help.  
**Application:** Learn more here.

**Seattle Indian Health Board THESIS Program**

**Format:** Virtual  
**Location:** Participant institution  
**Duration:** Eight weeks (May-July)  
**Cost:** Free; participants receive payment for participation & costs to travel to CDC for research showcase  
**Description:** Paid internship for Sophomore, Juniors, or Seniors in college or recent college graduates (within 12 months) interested in Native health. Priority is given to American Indian & Alaska Native applicants.  
**Application:** Learn more here.

**University of Washington Health Sciences Center Minority Students Program Teach Lab**

**Format:** In-person  
**Location:** University of Washington (Seattle, WA)  
**Duration:** 10 weeks  
**Cost:** NA  
**Description:** Designed for UW students interested

in biomedical research. Participants learn & practice skills used in biomedical research. Not specific to AI/ANs; for students from disadvantaged backgrounds and/or first-generation college students.  
**Cost:** Free  
**Application:** Learn more here.

**University of Washington Stipend for Training Aspiring Researchers (STAR)**

**Format:** In-person  
**Location:** University of WA labs (Seattle, WA)  
**Duration:** 8-10 weeks (WA residents complete 10 weeks)  
**Cost:** Free; \$19.97/hour  
**Description:** STAR is a paid summer research experience to encourage and support research training of underrepresented and disadvantaged undergraduate/graduate students in the health, biomedical, or behavioral sciences. Open to students from underrepresented groups, including AI/ANs.  
**Application:** Learn more here.

**University of Washington Genomic Sciences Summer Program**

**Format:** In-person  
**Location:** Seattle, WA (U of Washington)  
**Duration:** Two months (June 22-Aug 23, 2025)  
**Cost:** Free; participants receive \$5400 stipend, paid housing & transportation  
**Description:** Program designed to offer summer research opportunities for undergraduate students who want to pursue an MD or MD/PhD program. Consists of hands-on research activities, writing & presentation workshops, research talks, and poster presentations. Not specific to AI/AN, but encourage applications from underrepresented groups.  
**Application:** Closes in February. Learn more here.

**University of Washington Indian Health Pathway**

**Format:** In-person

**Location:** University of WA (Seattle, WA)

**Duration:** Program spans third & fourth years of medical school

**Cost:** Free

**Description:** Designed to teach AI and non-AI University of Washington medical students how to provide culturally appropriate care for AI/AN patients. The program consists of lectures, community events, clinical experiences in medical practices that care for AI/AN communities, and other opportunities to participate in AI/AN practices and traditions .

**Deadline:** Learn more here.

**University of Washington Summer Scholars Program**

**Format:** In-person

**Location:** University of WA (Seattle, WA)

**Duration:** 35 hrs/week in summer

**Cost:** Interns are paid \$20/hour (40 hours). Housing and transportation can be covered for those living outside of Seattle. Participants also receive an ORCA card for public transportation.

**Description:** The goal of this program is to provide undergraduate college students with an opportunity to engage in basic, clinical and/or translational research projects during the summer at Seattle Children’s Research Institute under the mentorship of experienced researchers and principal investigators. Not specific to AI/AN, but they are highly encouraged to apply.

**Application:** Closes in January. Learn more here.

**WSU INMED - Reimagine Indians in Medicine Pathways (RISE) Summer Academy**

**Format:** Hybrid

**Location:** Virtual & Washington State University (Spokane, WA)

**Duration:** Six weeks

**Cost:** Free

**Description:** For American Indians who lack qualifying MCAT scores and plan to apply to medical school, RISE offers science refreshers, cultural

activities, medical school application guidance, and MCAT prep. The program begins with virtual sessions. During the in-person visit, participants visit local clinics that receive IHS funding to serve Native American patients.

**Application:** Learn more here.



### [Alaska Indigenous Research Program](#)

**Format:** In-person

**Location:** Alaska Pacific University (Anchorage, AK)

**Duration:** Three weeks

**Cost:** Free

**Description:** Designed for American Indian and Alaska Natives, this program is a collaboration between Alaska Native Tribal Health Consortium (ANTHC) and Alaska Pacific University (APU). The goal is to increase the number of Native researchers who can conduct culturally responsive and respectful health research that addresses unique needs of AI & AN People. Week 1 covers Advanced Research, Week 2 covers Research Ethics, Week 3 covers Introductory Research. (Choice to attend 1-3 weeks.)

**Application:** Learn more here.

### [Alaska Indigenous Research Program Summer Internships](#)

**Format:** In-person

**Location:** Anchorage, AK

**Duration:** Nine weeks - May 27 - July 23, 2025

**Cost:** Paid Internships

**Description:** For AI/AN undergraduate and graduate students, these internships are designed for individuals seeking hands-on research experiences. Interns are strongly encouraged to attend Week 3 of the Alaska Indigenous Research Program.

**Application:** Learn more here.

### [Cancer Research Immersion Summer Program \(CRISP\)](#)

**Format:** In-person

**Location:** U of Oklahoma (Oklahoma City, OK)

**Duration:** Nine weeks - May 19 - July 22, 2025 (40 hours/week)

**Cost:** Free; \$5000 salary for summer interns

**Description:** Paid summer experience for Native undergraduate students (Juniors & Seniors in college) interested in gaining skills in cancer equity health research. Must be in good academic standing, have completed two years of undergraduate study, and be interested in pursuing a career in AI health.

**Application:** Learn more here.

### [Dine College Summer Research Enhancement Program \(SREP\)](#)

**Format:** In-person

**Location:** Dine College (Tsaile, AZ) & participant's home community

**Duration:** 10 weeks; 3 week training on research methods at Dine College; 6 weeks of mentored internship in home community; 1 week data analysis at Dine College

**Cost:** Free; \$5,760 stipend, textbooks, room and board covered

**Description:** Open to American Indian college students interested in public health & public health research. Goal of the program is to provide health research training & experiences to AN college students and to provide students with a strong foundation in NA ways of life & discuss their application to Western frameworks in academia. Participants also receive 7 transferable college credit hours.

**Application:** Closes in spring. Learn more here.

### [Oklahoma University Health Sciences Center Summer Undergraduate Research Programs](#)

**Format:** In-person

**Location:** Oklahoma University (Oklahoma City, OK)

**Duration:** Nine weeks (May-July)

**Cost:** Free to participate; salaries are available

**Description:** OU offers five summer undergraduate research opportunities for individuals from federally recognized tribes.

**Application:** Closes in January. Learn more here.

### [Public Health Scholars Training Program](#)

**Format:** In-person (virtual components may be incorporated)

**Location:** UCLA (Los Angeles, CA)

**Duration:** 8 weeks (June-Aug)

**Cost:** Free; scholars receive \$4000 total (\$3,000 stipend; \$800 to cover some meals; \$200 for optional transportation)

**Description:** Public health internship experiences that focus on health equity. Participants work in the

community, attend workshops, develop leadership and professional skills, receive mentorship from graduate students and faculty at the Fielding School of Public Health, and present at CDC research poster showcase. Open to non-public health majors/students and individuals across the US. Transportation to CA will be covered by the program for individuals who live more than 300 miles from UCLA. Not specific to AI/AN.

**Application** Learn more here.

### [University of Alaska Recruitment and Retention of Alaska Natives into Nursing \(RRANN\)](#)

**Format:** In-person

**Location:** Anchorage, AK (U of AK)

**Duration:** Active for the period of study (either pre-nursing or nursing school)

**Cost:** Free

**Description:** The mission of RRANN (Recruitment and Retention of Alaska Natives into Nursing) is to recruit and mentor Alaska Natives and American Indians into nursing. RRANN participants receive tutoring services, scholarships, and peer mentoring for nursing students.

**Application:** Learn more here.

### [University of Utah Native American Summer Research Institute \(NARI\)](#)

**Format:** In-person

**Location:** Salt Lake City, UT (University of UT)

**Duration:** 10 weeks

**Cost:** Free; Paid opportunity (40 hours/week - 30 hours of research; 10 hours academic/professional development)

**Description:** The goal of NARI is to support AI/AN students interested in healthcare and biomedical careers. Participants will work closely with research mentors, receive support in the areas of professional development, and participate in learning activities. In addition, participants will be able to job shadow in healthcare centers that serve American Indian communities through the Native American Community Health Internship. Open to University of UT and non-University of UT junior and senior college students.

**Application:** Learn more here.

### [University of Utah Genomics Summer Research for Minority People](#)

**Format:** In-person

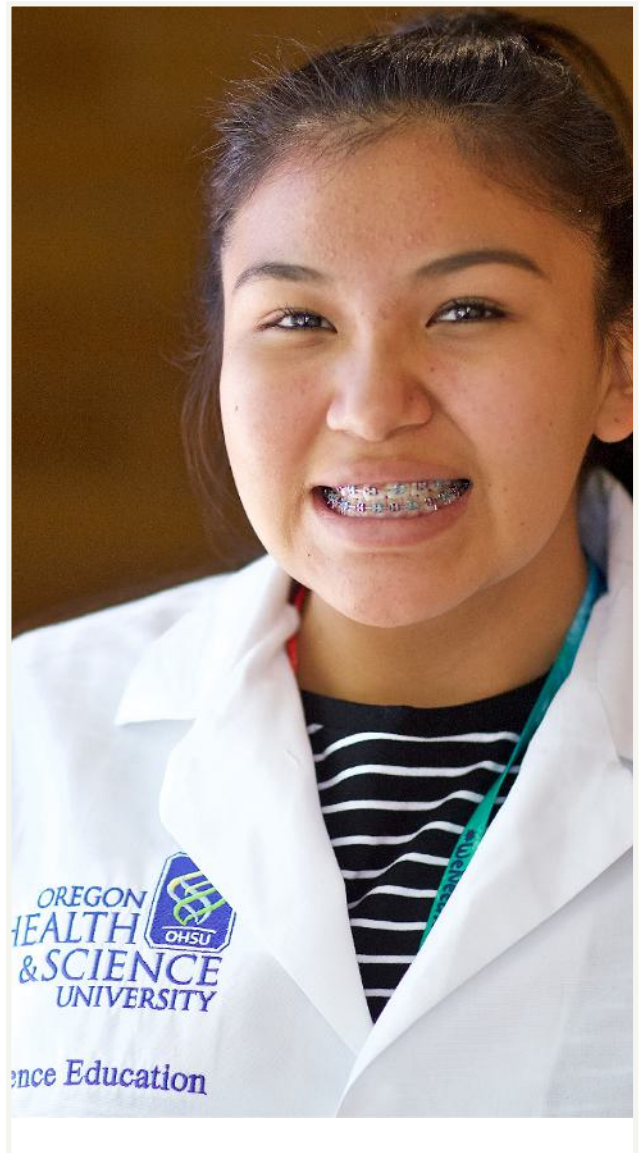
**Location:** University of UT (Salt Lake City, UT)

**Duration:** 10 weeks, May-Aug

**Cost:** Free; up to \$5,500, housing & transportation for non-local students will be covered

**Description:** For undergraduate students interested in in biosciences or bioinformatics with a focus on genomics research, including ethical, legal and social implications (ELSI) of genomics research.

**Application:** Learn more here.



### [American Public Health Association Internships & Fellowships](#)

**Format:** In-person

**Location:** Washington D.C.

**Duration:** 8 week minimum (opportunities in fall, spring, summer); 40 hours/week

**Cost:** Unpaid

**Description:** APHA offers a number of unpaid internships for undergraduates, graduates and postdocs. Not specific to AI/AN.

**Application:** Learn more here.

### [American Public Health Association Kaiser Permanente Community Health Scholarship](#)

**Format:** Hybrid

**Location:** Various locations

**Duration:** Scholarship covers cost of tuition for MPH or DrPH/PHD.

**Cost:** Fellows receive \$120,000 stipend

**Description:** The fellowship is designed to create a pipeline of diverse public health professionals. Fellows are placed in one of Kaiser Permanente partners or within Kaiser. Preference will be given to AI/AN, and other underrepresented groups.

**Application:** Learn more here.

### [Amgen Scholars](#)

**Format:** In-person

**Location:** Varies by host institution

**Cost:** Stipends and travel support varies by host institution.

**Description:** Undergraduate students conduct hands-on research in labs with top faculty, participate in seminars and networking events, and attend symposia with their peers and leading scientists.

**Application:** Varies by host institution. Learn more here.

### [Association of American Indian Physicians College Programs Pre-Admissions Workshop](#)

**Format:** In-person

**Location:** AAIP Annual Meeting & National Health Conference

**Duration:** Two days

**Cost:** Free

**Description:** This workshop is for AI college students

during the annual AAIP conference. Topics include MCAT, selecting a school, financial aid, mock interviews, drafting a personal statement.

**Application:** Learn more here.

### [Association of Public Health Laboratories Internships](#)

**Format:** In-person.

**Location:** Depends on individual and mentor locations.

**Duration:** 12-16 weeks; flexible start/end dates.

**Cost:** Stipend available

**Description:** PHL-CDC laboratory internships for individuals actively enrolled in Certificate, Bachelors, Associate, or Master programs. Must be 18 years or older. Not AI/AN specific.

**Application:** Learn more here.

### [Association of Public Health Laboratories Fellowships](#)

**Format:** In-person

**Location:** Depends on host site

**Duration:** One year

**Cost:** Free; Stipend available

**Description:** Competency based APL-CDC laboratory fellowships offer college graduates in a number of areas (e.g., bioinformatics, newborn screening, environmental health)

**Application:** Rolling deadline. Learn more here.

### [Association of State Public Health Nutritionists Fellowship for Public Health Practice](#)

**Format:** In-person or remote

**Location:** Depends on placement, i.e. federal, state and local health departments, community-based organizations and other health-related agencies

**Duration:** 12 weeks (Jan-April)

**Cost:** \$3,000. Max is 20 hours/week.

**Description:** This program offers real-world experiences and seeks to recruit and support the next generation of nutrition professionals. Designed for students enrolled in a public health program within federally designated minority-serving institutions, including Tribal Colleges and Universities.

**Application:** Learn more here.

### [Biosecurity Game Changers Fellowship](#)

**Format:** Hybrid

**Location:** Kick off in Ethiopia; workshop locations vary; home institution

**Duration:** One year

**Cost:** \$20,000 Stipend

**Description:** Designed for early-mid career individuals with at least 5 years of experience in health, this program seeks to expand the biosecurity workforce in Africa and the United States. Participants will be assigned a Brown faculty mentor.

**Application:** Learn more here.

### [Boston University Summer Training as Research Scholars \(STaRS\) program](#)

**Format:** In-person

**Location:** Boston, MA

**Duration:** 8 weeks (June-July)

**Cost:** Free; Stipends, transportation costs to Boston, and housing included

**Description:** Program is for undergraduates and first-year medical students at Boston University. Participants will participate in research and enhance their skills required for entering or completing a graduate program or MD/PhD program.

**Application:** Closes in February. Learn more here.

### [CDC Public Health Associates Program \(PHAP\)](#)

**Format:** In-person

**Location:** Varies

**Duration:** Two years

**Cost:** Paid

**Description:** Training program for early-career public health professionals who have a recent college degree and are interested in public health. Sites can be tribal, local, state, territorial public health department

**Application:** Learn more here.

### [CDC Tribal Public Health Law Internships and Externships](#)

**Format:** In-person

**Location:** CDC host sites, tribal, state, or health departments

**Duration:** 9-14 weeks

**Cost:** Free; unpaid

**Description:** Goal of the program is to strengthen the public health law workforce by increasing diversity within the field and preparing the next generation of public health law professionals to respond to critical issues. For current and rising third year law students.

**Application:** Multiple application periods & deadlines. Learn more here.

### [Dr. James A. Ferguson Emerging Infectious Diseases Research Initiatives for Student Enhancement RISE \(Ferguson RISE\) Fellowship Program](#)

**Format:** In-person

**Location:** CDC or other universities in MD area

**Duration:** Full-time summer (Memorial Day through the first week in August), 6-month part-time or full-time, and 12-month full time public health research fellowship experiences

**Cost:** Stipends available for undergraduate and graduate students; housing costs will be covered and fellows receive \$1500 in transportation costs

**Description:** Ferguson RISE Fellowship program supports research and professional development in infectious diseases and health disparities among students from underrepresented groups.

**Application:** Learn more here.

**Future Public Health Leaders Program****Format:** In-person**Location:** University of Michigan (Ann Arbor, MI)**Duration:** 10 weeks**Cost:** Free; stipend for participants, costs for travel/housing will be covered**Description:** Summer program designed for individuals from underrepresented groups. No background in public health required. The program includes public health and career mentorship, hands-on and practical field experience, seminars, lectures and workshops with public health leaders.**Application:** Closes January 31. Learn more here.**Indigenous Public Health Scholars Program****Format:** Hybrid**Location:** Virtual + conference locations throughout the US (Southwest & Midwest)**Duration:** Six months**Cost:** Free; travel and food per diem will be covered**Description:** For early career professionals (master's level) or mid-level (emerging) public health leaders within a Tribal Health Department. Includes 15-20 hours of self-paced asynchronous lessons, 7 live video conferences with all scholars and subject matter, attendance of a conference, and one two-day convening.**Application:** Learn more here.**Kennedy Krieger Maternal Child Health - Leadership Education, Advocacy, and Research Network (MCH-LEARN)****Format:** Hybrid**Location:** Baltimore, MD; Remote**Duration:** Summer-Spring**Cost:** Free; \$5400 dispersed in summer and throughout academic year**Description:** For undergraduate freshmen-rising juniors, MCH-LEARN is designed for students in the MCH field who want to learn more about child and adolescent health through research, advocacy, and clinical experiences. Includes in-person experience and continues virtually with monthly sessions.**Application:** Learn more here.**Kennedy Krieger Maternal and Child Health Careers-Research Initiatives for Student Enhancement-Undergraduate Program (MCHC/RISE-UP)****Format:** In-person**Location:** Baltimore, MD (one-week orientation); Varies by host site (weekly seminars)**Duration:** Two months**Cost:** Free; \$5400 stipend**Description:** For rising juniors or seniors in college, this program aims to develop the next generation of maternal child health experts. Must have an interest in maternal child health, eliminating health disparities, and promoting social justice. After the orientation week, participants complete their experience at one of the affiliated sites: University of North Dakota, University of California (Davis) or Krieger (MD).**Application:** Learn more here.**Mayo Clinic Native American Pathway****Format:** Virtual**Location:** Virtual**Duration:** Five weeks**Cost:** Free**Description:** This program seeks to help American Indian/Alaska Native undergraduate and post baccalaureate students develop the skills and tools they need to get into and complete medical school. The goal is to address health disparities AI/AN communities face by increasing the number of Native providers.**Application:** Opens February 1-April 15. Learn more here.

### **Native American Pathways Program**

**Format:** In-person

**Location:** U of Illinois Health Sciences Center (Rockford, IL)

**Duration:** Preceptorship is 16 weeks

**Cost:** Free

**Description:** Part of the Rural Medical Education (RMED) program, the NA Pathways program is designed for Native American graduate students pursuing a medical education. They complete a rural medical curriculum, receive tuition assistance, med school application assistance, and preceptorships in rural communities.

**Application:** Learn more here.

### **National Environmental Public Health Internship Program**

**Format:** In-person

**Location:** State, tribal, local, territorial environmental public health agencies

**Duration:** 400-hours

**Cost:** Free; Paid internship

**Description:** This program connects environmental health undergraduate and graduate students with funded internship placements at qualified state, tribal, local, and territorial environmental public health agencies.

**Application:** Learn more here.

### **NIH Academic Internship Program**

**Format:** In-person

**Location:** NIH

**Duration:** Occurs during academic year (while students are enrolled in graduate schools). Can begin either fall or spring semester

**Cost:** Free; stipends available

**Description:** Directed by a Principal Investigator (PI), students will have research opportunities in the biomedical, behavioral, and social sciences with opportunities to explore basic, translational, and clinical research at NIH.

**Application:** No formal application process. Interested applicants apply directly to PIs who are willing to mentor. Learn more here.

### **Penn Minority Aging Scholars**

**Format:** In-person

**Location:** Philadelphia, PA (U Pennsylvania)

**Duration:** 12 weeks (June-August)

**Cost:** Free; Stipend available

**Description:** Designed to increase diversity of clinicians and researchers in the aging field, this program encourages AI/AN to apply. Scholars will work with faculty, observe clinicians, attend weekly conferences and seminars, present at a final showcase, and, if applicable, produce an abstract or paper.

**Application:** Learn more here.

### **Public Health Entomology For All (PHEFA) Internships or Fellowships**

**Format:** In-person

**Location:** CDC - Atlanta, Fort Collins, Colorado, and San Juan, Puerto Rico

**Duration:** One year (fellowships) or 10 weeks (internships)

**Cost:** Free; stipends available

**Description:** For recent bachelor's, master's, and PhD graduates from minority-serving institutions who are interested in health equity and science.

Participants explore the field of entomology, conduct research with experienced entomologists in CDC's Division of Vector-Borne Diseases and Division of Parasitic Diseases of Malaria, and learn applied strategies to prevent and control vector-borne diseases. Not specific to AI/AN, but includes Tribal university students.

**Application:** Learn more here.

### [Summer Health Professions Education Program \(SHEP\)](#)

**Format:** In-person

**Location:** 12 partner institutions across the US, including Washington & California

**Duration:** Not specified

**Cost:** Free

**Description:** Summer program for students interested in exploring careers in medicine, dentistry, nursing, optometry, pharmacy, physical therapy, public health, and more. Must be a high school graduate and should have no more than 60 college credits at time of application. Not specific to AI/AN.

**Application:** Learn more here.

### [Summer Public Health Scholars Program \(SPHSP\)](#)

**Format:** In-person

**Location:** Columbia University (New York, NY)

**Duration:** Eight weeks

**Cost:** Free; stipend, costs for travel/housing/food will be covered

**Description:** Designed for undergraduate students or recent college graduates interested in public health and the biomedical sciences. The goal of the program is to increase interest in and knowledge public health and biomedical science careers. This program includes coursework at Columbia University School of Public Health; hands-on field experiences; seminars and lectures with public health leaders; and mentoring by faculty members, ensuring students' exposure to the breadth and importance of public health as a career option. Students must have completed two years of college or show proof of acceptance to a four-year college.

**Application:** Learn more here.

### [University of Minnesota Medical School Pre-Admission Workshop \(PAW\)](#)

**Format:** In-person

**Location:** Duluth, MN

**Duration:** Two days (two workshops/year)

**Cost:** Free

**Description:** For pre-health Native American students. Workshops are designed to introduce students to medical school faculty and learn application tips, funding, and career development opportunities.

**Application:** Learn more here.



# RESOURCES & INSPIRATION



# PARTNER PROGRAMS

**Our partners offer weekly text messages to support and inspire students interested in health and STEM fields.**

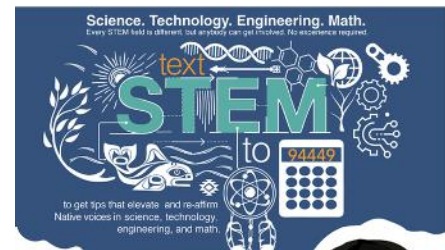
## INSPIRE

People who work in public health are community protectors. To hear diverse Indigenous voices, and the pathways you can take to work in public health, **text INSPIRE to 94449.**



## STEM

Our goal is to elevate and re-affirm Native voices in science, technology, engineering, and math, by connecting you to Native professionals who work in STEM fields. **Text STEM to 94449** to sign up for weekly tips and advice to support you on your journey.



## HEALERS

The mission of We Are Healers is to increase the number of Native providers who go into medicine.

**Text HEALERS to 94449** to receive 1-on-1 support via text message.





# SUPPORT WHEN YOU NEED IT



## RECEIVE CARING MESSAGES

Sometimes, we all need a pick-me-up. Sign up to receive caring messages twice a week to lift your spirits or remind you how **AWESOME** you are.

**13 to 24 year olds:** text **CARING** to 65664  
**College students:** text **COLLEGE** to 65664



## IN CRISIS? IT'S OKAY TO ASK FOR HELP

Text the word **"NATIVE"** to 741-741 and you'll be connected with a trained crisis counselor.

The service is free, confidential, and available 24/7.

Visit the [HNY website](#) to find more resources.



DARE  
TO  
BEGIN

YOU GOT  
THIS!

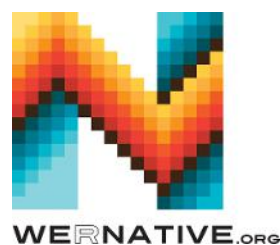
BE BRAVE



WE STAND  
**BEHIND**  
YOU

MANY  
TH  
AN  
KS

**We would like to acknowledge and thank our partners for supporting our endeavors.**



**NPAIHB**  
*Indian Leadership for Indian Health*

**This work is supported by Centers for Disease Control and Prevention (CDC) -  
Inspire Campaign: Building Stronger Pathways to Public Health -  
through the National Center for Chronic Disease Prevention and Health Promotion.**

