



Raising Healthy Native Youth: American Indian/Alaska Native Adolescent Health Education Tools & Resources for Schools and Communities

October 8, 2025 10am-11:00am PT

Host

Michelle Singer

Logistical Support

Taylor Dean, Jane Manthei, Christine Markham

Guest Speakers

- Michelle Singer, Healthy Native Youth Project Director - NPAIHB
- Taylor Dean, Healthy Native Youth Outreach Specialist - NPAIHB
- Amrita Sidhu, University of Texas Houston – School of Public Health

Objectives

By the end of today's session, you will...

1. Learn about Healthy Native Youth
2. Learn about Tools, Resources & Technical Support
3. HNY Curriculum Spotlight: Native It's Your Game 2.0
4. How to stay connected with HNY
5. Discover Regional Indian Health Board & Tribal Epi Center Contacts & Connections for Local Support

Stay connected

- [Upcoming Community of Practice Sessions](#)
- November CoP Registration: [Healthy Native Youth Community of Practice November | NPAIHB](#)
- [Request Technical Assistance](#) or email native@npaihb.org

Chat links:

IndigiHAAS Strategic Plan Link:

<https://www.indiancountryecho.org/indigenous-hiv-aids-syndemic-strategy/>

Healthy Native Youth Website Link: TBA soon <https://www.npaihb.org/programs-projects/>

UTH School of Public Health CHPPR Website: <https://sph.uth.edu/research/centers/chppr/research/>

Native It's Your Game (NIYG) 2.0 Link: <https://hynativeiyg.sph.uth.tmc.edu/>

Links to the downloadable NIYG versions-

Windows: <https://apps.radiantexp.com/healthynativeyouth/native-iyg-setup-2.0.1.exe>

Mac: <https://apps.radiantexp.com/healthynativeyouth/nativeiyg-2.0.1-x64.dmg>

NIYG 2.0 program facilitator or support team (Amrita Sidhu) at amrita.sidhu@uth.tmc.edu

NPAIHB LinkedIn:

<https://www.linkedin.com/company/northwest-portland-area-indian-health-board>

NPAIHB IG: <https://www.instagram.com/npaihb/?hl=en>

NPAIHB YouTube Link:

<https://www.youtube.com/@npaihb7788>

Tribal Epidemiology Centers (TECs): <https://tribalepicenters.org/12-tecs/>