

Hózhó Pathways: Wisdom from Community-Based Programming

March 11, 2026 10am-11:00 am PT

Host

Amanda Kakuska

Guest Speakers

Abigail Edwards, Barbara Jean Harvey, Tehani Waahila, Nikki Anderson

Objectives

By the end of today's session, you will...

- **Explain** key developmental principles used in Hózhó health programming.
- **Formulate** ways to integrate family & youth connection into your own programming and communities.

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Chat links:

JUH CIH: Indigenous Approaches for Healing: Wisdom and Best Practices from All Our Relations

<https://www.frontiersin.org/research-topics/71113/indigenous-approaches-for-healing-wisdom-and-best-practices-from-all-our-relations>

JHU CIH link tree: <https://linktr.ee/hozhohorizons>

cih.jh.edu

Circle of Support Activity to support your intergenerational communication:

https://www.healthynativeyouth.org/wp-content/uploads/2023/09/My-Support-Team_editable.pdf

UNITY: [Unity, Inc. – United National Indian Tribal Youth](#)

Veterans Wellness Path app https://www.ptsd.va.gov/appvid/mobile/veterans_wellness_path.asp

Check out our [YouTube tutorial](#)

To download, use the QR code below or visit the [App Store](#) or [Google Play Store](#).

5-minute walk through: <youtu.be/ZXjEG0Slkilyoutu.be>

Promotional video: youtu.be/IESIF7lgz_0

Healthy Native Youth website:

<https://www.healthynativeyouth.org/>

CoP Feedback & Evaluation Form:

https://www.healthynativeyouth.org/training_feedback/

NPAlHB Homepage: [Home NPAlHB](#)

TA Request email: native@npaihb.org

TECs: <https://tribalepicenters.org/12-tecs/>